

TEXAS WALKS

Powered by **IT'S TIME TEXAS**



INVITE FRIENDS, FAMILY, AND NEIGHBORS TO JOIN YOUR TEAM.

Subject: Walk with Me on November 8!

Hi _____,

I'm a big fan of the nonprofit IT'S TIME TEXAS. On November 8th, I'll be participating in their statewide Texas Walks campaign to help raise awareness about the benefits of walking. I'd love for you to join me.

The idea is simple. On Friday, November 8, starting at 10am, we meet at **[FILL IN THE DETAILS** of where you'll be walking] and walk together for 10 minutes. By walking as a team, we'll be taking steps toward leading healthier lives and building a healthier community.

I've set up a group registration page at [PROVIDE A LINK to your Texas Walks team page on Eventbrite] where you can pledge to walk with my team on November 8. It's free to participate. All you need to do is register and show up.

To learn more about the campaign, visit itstimetexas.org/texaswalks. To help raise awareness, people are asked to help spread the word and share photos from their walk with the hashtag #texaswalks.

Feel free to reach out with any questions. I really hope you'll join us!

Xxx



**TEXAS IS
BEST WHEN
TEXANS ARE
HEALTHY**



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